



Welcome to our Winter Newsletter

Whilst Covid-19 restrictions continue, we are all working together to keep each other safe and maintain homely and happy surroundings for our residents.

We are continuing to offer 'virtual' visits in the form of video and telephone calls—please contact us if you'd like to arrange one. Our residents are also enjoying many of their regular activities and we hope this newsletter will reassure you that we are all safe and well and looking forward to the time we when can all be together again in a more meaningful way.

Keeping in Touch

During these changing times it's even more important to stay in touch with our loved ones. Here is Helen enjoying a lovely chat with her family via Whatsapp.



A Surprise Visitor

Our residents were delighted with this cute little visitor who arrived in our garden on 16th September. It brought some wonderful smiles and oohs and ahhs to the home.

Happy Birthday!

We've had quite a few birthday's recently with each one being celebrated with songs, cards and birthday treats from family and friends. Here are a few pictures from the special occasions—and we can confirm the cakes were delicious!



A Beautiful Baby!

Congratulations to Suzanne, our Deputy Manager, on the birth of her new granddaughter. Scarlett Daniella Rosie was born on 26th November weighting 7lb 11oz.



Home Improvements

Although times are complicated, we are still continuing to make improvements to our home. We have recently refurbished our lift with brand new electrics which all our residents appreciate.

We are also creating a visitors area that will be used once all the safety features are in place, ensuring the safety of residents and visitors alike—we will let families know once this is in place.

Olive School Carols

Pupils from the Olive School will be coming along to sing 'socially distant' carols to our residents from the driveway on 15th, 16th and 17th December. We're really looking forward to hearing them—here's memory of last year's visit.

Regular Activities

Fortnightly

Tea Dance with Music

Bingo

Fine & Dandy Reminiscence

Eldercise

Senior Fitness

Around the World in 80 Days

Monthly

Afya Hand Massage Therapy

Flower Arranging

(1st Monday of each month)

Please keep an eye on the notice board for details of additional activities, trips etc.

Respite Care

Caring for a loved one can be tremendously hard at times and as community care needs change we are seeing an increased need for respite care.

We are keen to promote this provision and have a room dedicated for this purpose so please don't hesitate to contact Alenca or Suzanne, on 01254 264704.



A Christmas Carol

The Old Vic are producing a 'virtual' pantomime which we will be watching from the comfort of our lounge on 16th December. It will be performed live from their auditorium and streamed to homes all over the world as part of their "Old Vic: In Camera Series".

Here is a photo of the cast busy in rehearsals—we're very excited!



Staff Carol Sing-a-Long

If you are in the area on 21st December, you may be lucky enough to hear our staff leading a sing-a-long session for our residents. We all love Christmas carols at Springfield and are looking forward to releasing some good endorphins!



A Smile A Day

We are currently having our own count down to Christmas in the form of a 'Smile a Day' on our Facebook page. Each day we are adding a picture of a resident or staff member smiling their way to Christmas. Here are a few of those we've put up so far—to see them all please visit our [Facebook page](#)



Christmas Crafts

Our residents have been busy making specially crafted Christmas cards for their loved ones. There are some very creative people at Springfield as you can see!





Extra Services
Chiropody
£12.50 per session
Hairdressing
Shampoo & Set—£10.00
Shampoo & Blow Dry—£10.00
Shampoo & Trim—£10.00
Shampoo & Cut—£12.50
Trim, Shampoo & Set—£12.50
Cut, Shampoo & Set—£15.00
Perm—£37.00
Restyle or Part-Perm—price on request
Our hairdresser visits weekly
A full list of prices can be found on the notice board

In-House Entertainment

Whist Covid-19 restrictions are in place, we are continuing to provide a variety of entertainment 'in-house' including regular themed afternoons

Sensory Sessions

Reminiscence time in groups and individually

Karaoke and Sing-a-longs

'We Love Cinema'

Arts and Crafts

Flower Arranging

Feedback

If you have any suggestions for improvements to the Home or the service we provide, do let us know. Please feel free to send Alenca any articles, memoirs or photos for inclusion in future newsletters.

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